

LRS Steinbach Family Medical - 2K

Overall Male Runner

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	2102	Jackson Penner	00:08:29.00		Runner	Steinbach, MB	4:15/K	14.1kph	1	10	
2.	2141	Jordan Schroeder	00:08:44.52		Runner	Mitchell, MB	4:22/K	13.7kph	2	9	
3.	2143	Jayden Siemens	00:08:47.68		Runner	Steinbach, MB	4:24/K	13.7kph	3	9	

Overall Female Runner

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	2043	Jasmine Gerbrand	00:09:19.90		Runner	Steinbach, MB	4:39/K	12.9kph	9	9	
2.	2106	Ariel Pert	00:10:10.55		Runner	Steinbach, MB	5:05/K	11.8kph	13	9	
3.	2011	Jazlyn Barkman	00:10:11.81		Runner	Steinbach, MB	5:06/K	11.8kph	15	9	

Male 0 - 5

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	2116	Connor Rea	00:12:44.01		Runner	La Broquerie West, MB	6:22/K	9.4kph	73	5	
2.	2123	Elijah Reimer	00:12:54.92		Runner	Blumenort, MB	6:27/K	9.3kph	80	5	
3.	2204	Benjamin Bellas	00:15:13.03		Runner	MB, CAN	7:36/K	7.9kph	141	5	
4.	2203	Harrison Bellas	00:15:13.92		Runner	MB, CAN	7:36/K	7.9kph	142	5	
5.	2037	Mason Friesen	00:15:39.59		Runner	Steinbach, MB	7:50/K	7.7kph	150	5	
6.	2138	Ashton Schoenrock	00:16:21.37		Runner	Steinbach, MB	8:10/K	7.3kph	169	5	
7.	2187	Samuel Fenton	00:16:23.82		Runner	Steinbach, MB	8:12/K	7.3kph	172	4	

Female 0 - 5

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	2009	Adelaide Banman	00:13:27.17		Runner	New Bothwell, MB	6:44/K	8.9kph	100	5	
2.	2177	Victoria Penner	00:13:49.20		Runner	Steinbach, MB	6:54/K	8.7kph	108	5	
3.	2005	Anna Karina Ayala	00:15:23.54		Runner	Mitchell, MB	7:42/K	7.8kph	145	5	
4.	2025	Eve Driedger	00:15:25.65		Runner	Mitchell, MB	7:42/K	7.8kph	148	5	
5.	2182	Londyn Peters	00:16:04.66		Runner	Mitchell, MB	8:02/K	7.5kph	166	5	
6.	2173	Miriam Woodmass	00:16:12.27		Runner	Steinbach, MB	8:06/K	7.4kph	168	4	
7.	2192	Elli Peterson	00:16:55.43		Runner	MB, CAN	8:27/K	7.1kph	177	5	
8.	2160	Willow Toews	00:19:19.43		Runner	Mitchell, MB	9:39/K	6.2kph	184	4	

Male 6 - 10

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	2102	Jackson Penner	00:08:29.00		Runner	Steinbach, MB	4:15/K	14.1kph	1	10	
2.	2141	Jordan Schroeder	00:08:44.52		Runner	Mitchell, MB	4:22/K	13.7kph	2	9	
3.	2143	Jayden Siemens	00:08:47.68		Runner	Steinbach, MB	4:24/K	13.7kph	3	9	
4.	2149	Ian Teichrieb	00:08:48.20		Runner	Mitchell, MB	4:24/K	13.6kph	4	8	
5.	2093	Ben Mckenzie	00:08:53.78		Runner	Mitchell, MB	4:27/K	13.5kph	5	9	
6.	2098	Erik Neufeld	00:08:55.05		Runner	Steinbach, MB	4:27/K	13.5kph	6	8	
7.	2150	Peter Teichrieb	00:09:09.71		Runner	Mitchell, MB	4:34/K	13.1kph	7	9	
8.	2115	Nigel Re	00:09:10.09		Runner	Mitchell, MB	4:35/K	13.1kph	8	10	
9.	2137	Hunter Schamber	00:09:38.55		Runner	Mitchell, MB	4:49/K	12.5kph	10	7	
10.	2064	Jace Kasdorf	00:09:48.23		Runner	Steinbach, MB	4:54/K	12.2kph	11	10	
11.	2099	Luis Neufeld	00:10:11.01		Runner	Mitchell, MB	5:06/K	11.8kph	14	9	

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12.	2057	Tyson Hruda	00:10:21.06	Runner	Mitchell, MB	5:10/K	11.6kph	17	10
13.	2178	Lucas Nuefeld	00:10:29.43	Runner	Randolf, CAN	5:15/K	11.4kph	18	6
14.	2062	Kaden Jolicoeur	00:10:29.66	Runner	Steinbach, MB	5:15/K	11.4kph	19	9
15.	2067	Dylan Klassen	00:10:37.51	Runner	Steinbach, MB	5:18/K	11.3kph	20	9
16.	2165	Seth Warkentin	00:10:39.35	Runner	Steinbach, MB	5:20/K	11.3kph	21	8
17.	2185	Le Sueur VanderByl	00:10:40.05	Runner	Steinbach, MB	5:20/K	11.2kph	22	9
18.	2019	Kaden Coldwell	00:10:44.51	Runner	Steinbach, MB	5:22/K	11.2kph	23	9
19.	2181	Jack Leppelmann	00:10:47.14	Runner	Steinbach, MB	5:24/K	11.1kph	24	10
20.	2140	Jackson Schroeder	00:10:49.44	Runner	Steinbach, MB	5:24/K	11.1kph	25	7
21.	2133	Simon Rempel	00:10:49.66	Runner	Steinbach, MB	5:24/K	11.1kph	26	10
22.	2024	Brennan Doig	00:10:54.76	Runner	Steinbach, CAN	5:27/K	11.0kph	28	10
23.	2066	Dominique Kehler	00:10:54.83	Runner	Steinbach, MB	5:27/K	11.0kph	29	10
24.	2124	Ethan Reimer	00:11:07.35	Runner	Steinbach, MB	5:33/K	10.8kph	32	7
25.	2105	Nixon Penner	00:11:14.96	Runner	Mitchell, MB	5:37/K	10.7kph	34	8
26.	2004	Max Aronson	00:11:20.15	Runner	Steinbach, MB	5:40/K	10.6kph	36	9
27.	2059	Marcus Johnson	00:11:25.12	Runner	Mitchell, MB	5:42/K	10.5kph	39	9
28.	2179	Joshua Penner	00:11:27.59	Runner	Steinbach, MB	5:44/K	10.5kph	40	8
29.	2023	Ethan Doerksen	00:11:29.39	Runner	Mitchell, MB	5:45/K	10.4kph	41	9
30.	2197	Jeremiah Martens	00:11:31.38	Runner	MB, CAN	5:45/K	10.4kph	42	8
31.	2020	Auckland Cooper	00:11:31.72	Runner	La Broquerie, MB	5:45/K	10.4kph	44	6
32.	2089	Ryan Martin	00:11:37.82	Runner	Steinbach, MB	5:48/K	10.3kph	45	8
33.	2166	Trent Warkentin	00:11:41.99	Runner	Steinbach, MB	5:51/K	10.3kph	46	6
34.	2198	Luke Loewen-Blatz	00:11:43.69	Runner	MB, CAN	5:51/K	10.2kph	47	9
35.	2045	Joel Giesbrecht	00:11:52.14	Runner	Mitchell, MB	5:56/K	10.1kph	48	10
36.	2200	Nixon tOEWS	00:11:57.11	Runner	MB, CAN	5:58/K	10.0kph	51	10
37.	2018	Oliver Campbell	00:12:01.24	Runner	Mitchell, MB	6:00/K	10.0kph	54	8
38.	2014	Hudson Bergen	00:12:02.22	Runner	Steinbach, MB	6:01/K	10.0kph	55	8
39.	2052	Jack Hoel	00:12:08.90	Runner	Mitchell, MB	6:04/K	9.9kph	56	9
40.	2168	Kai Wight	00:12:09.07	Runner	Steinbach, MB	6:04/K	9.9kph	57	7
41.	2051	Dax Hiebert	00:12:09.45	Runner	Blumenort, MB	6:04/K	9.9kph	58	7
42.	2159	Haven Toews	00:12:10.71	Runner	Mitchell, MB	6:05/K	9.9kph	59	7
43.	2097	Tyrell Nabess-Colomb	00:12:12.57	Runner	Mitchell, MB	6:06/K	9.8kph	60	9
44.	2065	Ansen Kehler	00:12:17.02	Runner	Steinbach, MB	6:09/K	9.8kph	63	7
45.	2117	Lukas Rea	00:12:39.55	Runner	La Broquerie West, MB	6:20/K	9.5kph	69	9
46.	2028	Nixon Duerksen	00:12:40.57	Runner	Steinbach, MB	6:20/K	9.5kph	71	7
47.	2041	Zane Froese	00:12:42.31	Runner	Steinbach, MB	6:21/K	9.4kph	72	8
48.	2180	Tyler Penner	00:12:44.12	Runner	Steinbach, MB	6:22/K	9.4kph	74	7
49.	2154	Julian Thiessen	00:12:48.98	Runner	Steinbach, MB	6:24/K	9.4kph	75	10
50.	2145	BENJAMIN SMITH	00:12:49.28	Runner	STEINBACH, MB	6:24/K	9.4kph	76	8
51.	2147	Aiden Stoesz	00:12:49.96	Runner	STEINBACH, MB	6:24/K	9.4kph	77	9
52.	2081	Andrew Littleton	00:13:00.65	Runner	La Broquerie W, MB	6:30/K	9.2kph	84	9
53.	2152	Louis Tetrault	00:13:05.54	Runner	La Broquerie, MB	6:33/K	9.2kph	87	8
54.	2146	THOMAS SMITH	00:13:11.01	Runner	STEINBACH, MB	6:36/K	9.1kph	88	6
55.	2082	Erik Littleton	00:13:12.34	Runner	La Broquerie W, MB	6:36/K	9.1kph	89	7
56.	2061	Hudson Jolicoeur	00:13:22.53	Runner	Steinbach, MB	6:41/K	9.0kph	98	7

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57.	2195	Jeremy Vermette	00:13:31.33	Runner	MB, CAN	6:45/K	8.9kph	102	6
58.	2069	Hunter Koop	00:13:38.44	Runner	Mitchell, MB	6:49/K	8.8kph	103	7
59.	2030	Davin Elias	00:13:41.34	Runner	Steinbach, MB	6:51/K	8.8kph	104	6
60.	2111	Carter Pittman	00:13:42.07	Runner	Steinbach, MB	6:51/K	8.8kph	105	7
61.	2034	Dean Friesen	00:13:50.14	Runner	Steinbach, MB	6:55/K	8.7kph	109	8
62.	2130	Ivan Rempel	00:13:50.44	Runner	Steinbach, MB	6:55/K	8.7kph	110	7
63.	2086	Deegan Macintosh	00:13:57.58	Runner	Steinbach, MB	6:58/K	8.6kph	115	6
64.	2088	Noah Martin	00:13:58.61	Runner	Steinbach, MB	6:59/K	8.6kph	116	8
65.	2022	Ivan Dator	00:14:04.69	Runner	Steinbach, MB	7:02/K	8.5kph	119	7
66.	2040	Kinkade Froese	00:14:06.03	Runner	Steinbach, MB	7:03/K	8.5kph	120	6
67.	2031	Colton Engel	00:14:09.22	Runner	Steinbach, MB	7:04/K	8.5kph	121	7
68.	2120	Zackery Reimann	00:14:22.59	Runner	Steinbach, MB	7:11/K	8.4kph	124	9
69.	2092	Tegan Mccauley	00:14:24.57	Runner	Steinbach, MB	7:12/K	8.3kph	125	10
70.	2162	AJ Unrau	00:14:27.42	Runner	Steinbach, MB	7:14/K	8.3kph	126	6
71.	2044	Darien Gerus	00:14:35.58	Runner	Labroquerie West, MB	7:18/K	8.2kph	129	9
72.	2050	Logan Grienke	00:14:36.45	Runner	Steinbach, MB	7:18/K	8.2kph	130	8
73.	2055	Kaynen Hruda	00:14:41.16	Runner	Mitchell, MB	7:21/K	8.2kph	131	6
74.	2101	Isaiah Penner	00:14:43.22	Runner	Steinbach, MB	7:21/K	8.2kph	132	6
75.	2139	Logan Schoenrock	00:15:02.20	Runner	Steinbach, MB	7:31/K	8.0kph	136	7
76.	2053	Niko Hoel	00:15:03.02	Runner	Mitchell, MB	7:32/K	8.0kph	137	6
77.	2174	Mark Penner	00:15:13.97	Runner	Steinbach, MB	7:36/K	7.9kph	143	7
78.	2183	Jevon Peters	00:15:15.53	Runner	Mitchell, MB	7:38/K	7.9kph	144	7
79.	2072	Darius Kretschmer	00:15:42.17	Runner	Mitchell, MB	7:51/K	7.6kph	152	9
80.	2085	Malachi Loewen	00:15:43.79	Runner	Mitchell, MB	7:51/K	7.6kph	155	10
81.	2078	Chace Lemoine	00:15:55.78	Runner	Steinbach, MB	7:57/K	7.5kph	161	7
82.	2156	Eric Thomson	00:16:23.75	Runner	Blumenort, MB	8:12/K	7.3kph	171	8
83.	2027	Liam Duerksen	00:16:31.69	Runner	Steinbach, MB	8:15/K	7.3kph	173	7
84.	2103	Kadez Penner	00:16:47.76	Runner	Steinbach, MB	8:24/K	7.1kph	176	7
85.	2186	Dalton Baxter	00:18:38.97	Runner	Steinbach, MB	9:19/K	6.4kph	182	7
86.	2080	Ezra Lepp	00:19:09.08	Runner	Steinbach, MB	9:34/K	6.3kph	183	6

Female 6 - 10

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	2043	Jasmine Gerbrand	00:09:19.90		Runner	Steinbach, MB	4:39/K	12.9kph	9	9	
2.	2106	Ariel Pert	00:10:10.55		Runner	Steinbach, MB	5:05/K	11.8kph	13	9	
3.	2011	Jazlyn Barkman	00:10:11.81		Runner	Steinbach, MB	5:06/K	11.8kph	15	9	
4.	2021	Nova Cooper	00:10:55.46		Runner	La Broquerie, MB	5:27/K	11.0kph	30	9	
5.	2153	Eliana Thiessen	00:11:00.83		Runner	Steinbach, MB	5:30/K	10.9kph	31	10	
6.	2029	Leah Duester	00:11:08.14		Runner	Steinbach, MB	5:34/K	10.8kph	33	7	
7.	2016	Olivia Bewernick	00:11:16.78		Runner	Steinbach, MB	5:38/K	10.7kph	35	8	
8.	2121	Aubrey Reimer	00:11:20.45		Runner	Steinbach, MB	5:40/K	10.6kph	37	10	
9.	2006	Anneli Gabriela Ayala	00:11:21.95		Runner	Mitchell, MB	5:40/K	10.6kph	38	9	
10.	2042	Isabel Gerbrand	00:11:31.53		Runner	Steinbach, MB	5:45/K	10.4kph	43	6	
11.	2142	Maya Schroeder	00:11:56.08		Runner	Mitchell, MB	5:58/K	10.1kph	50	7	
12.	2190	Sophia Barkman	00:11:58.42		Runner	MB, CAN	5:59/K	10.0kph	52	9	

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13.	2194	Danielle Vermette	00:12:13.83	Runner	MB, CAN	6:06/K	9.8kph	61	8
14.	2036	Madelyn Friesen	00:12:14.41	Runner	Steinbach, MB	6:07/K	9.8kph	62	8
15.	2095	Haydyn Moser	00:12:17.49	Runner	Mitchell, MB	6:09/K	9.8kph	64	10
16.	2135	Denielle Sawatzky	00:12:17.90	Runner	Mitchell, MB	6:09/K	9.8kph	65	10
17.	2039	Sydney Friesen	00:12:27.74	Runner	Mitchell, MB	6:14/K	9.6kph	66	7
18.	2060	Morgan Johnson	00:12:28.41	Runner	Mitchell, MB	6:14/K	9.6kph	68	8
19.	2015	Grace Bewernick	00:12:53.16	Runner	Steinbach, MB	6:27/K	9.3kph	78	6
20.	2070	Adrea Kozak	00:12:53.33	Runner	La Broquerie, MB	6:27/K	9.3kph	79	8
21.	2002	Natalie Allmendinger	00:12:59.13	Runner	Mitchell, MB	6:30/K	9.2kph	81	8
22.	2007	Nadia Alissa Ayala	00:13:00.04	Runner	Mitchell, MB	6:30/K	9.2kph	83	7
23.	2090	Sarah Martin	00:13:03.45	Runner	Steinbach, MB	6:32/K	9.2kph	85	10
24.	2126	Lilly Reimer	00:13:03.49	Runner	Mitchell, MB	6:32/K	9.2kph	86	10
25.	2125	Kiersten Reimer	00:13:15.21	Runner	Mitchell, MB	6:38/K	9.1kph	91	9
26.	2032	Cate Falk	00:13:16.24	Runner	Winnipeg, MB	6:38/K	9.0kph	92	7
27.	2012	Kierra Berg	00:13:17.02	Runner	Steinbach, MB	6:39/K	9.0kph	93	8
28.	2109	Jewel Peters	00:13:19.71	Runner	Randolph, MB	6:39/K	9.0kph	94	9
29.	2164	Carla Villa	00:13:19.71	Runner	STEINBACH, MB	6:39/K	9.0kph	95	10
30.	2189	Zoe Barkman	00:13:20.16	Runner	MB, CAN	6:40/K	9kph	96	7
31.	2144	Kylee Siemens	00:13:20.23	Runner	Steinbach, MB	6:40/K	9kph	97	7
32.	2196	Mirielle Vermette	00:13:23.11	Runner	MB, CAN	6:42/K	9.0kph	99	10
33.	2001	Kailey Allmendinger	00:13:44.16	Runner	Mitchell, MB	6:52/K	8.7kph	106	6
34.	2161	Mckenna Trudel	00:13:48.49	Runner	Blumenort, MB	6:54/K	8.7kph	107	7
35.	2112	Kenya Plett	00:13:54.22	Runner	Steinbach, MB	6:57/K	8.6kph	111	9
36.	2163	Olivia Unrau	00:13:54.51	Runner	Steinbach, MB	6:57/K	8.6kph	112	9
37.	2119	Elana Reimann	00:13:55.65	Runner	Steinbach, MB	6:57/K	8.6kph	113	7
38.	2158	Anemone Toews	00:13:57.45	Runner	Mitchell, MB	6:58/K	8.6kph	114	9
39.	2017	Rojale Brightnose	00:14:02.01	Runner	Mitchell, MB	7:01/K	8.6kph	118	7
40.	2191	Hazel Picklyk	00:14:18.95	Runner	MB, CAN	7:09/K	8.4kph	122	9
41.	2100	Evy Penner	00:14:20.06	Runner	Steinbach, MB	7:10/K	8.4kph	123	9
42.	2151	Kaylie Tetrault	00:14:30.29	Runner	La Broquerie, MB	7:15/K	8.3kph	127	7
43.	2049	Emily Grienke	00:14:34.82	Runner	Steinbach, MB	7:17/K	8.2kph	128	10
44.	2079	Emery Lepp	00:14:51.33	Runner	Steinbach, MB	7:26/K	8.1kph	134	8
45.	2104	Kaylie Penner	00:14:54.52	Runner	Steinbach, MB	7:27/K	8.1kph	135	9
46.	2134	Chloe Richards	00:15:03.21	Runner	Steinbach, MB	7:32/K	8.0kph	138	6
47.	2026	Lucy Driedger	00:15:07.34	Runner	Mitchell, MB	7:33/K	7.9kph	139	8
48.	2199	Delaney Doerksen	00:15:08.29	Runner	MB, CAN	7:34/K	7.9kph	140	8
49.	2136	Tatiana Sawatzky	00:15:24.33	Runner	Mitchell, MB	7:42/K	7.8kph	146	9
50.	2033	Sophie Fehr	00:15:24.51	Runner	Mitchell, MB	7:42/K	7.8kph	147	8
51.	2113	Selah Plett	00:15:32.87	Runner	Steinbach, MB	7:46/K	7.7kph	149	6
52.	2172	Annika Woodmass	00:15:43.43	Runner	Steinbach, MB	7:51/K	7.6kph	154	8
53.	2171	Aliyah Woodmass	00:15:45.06	Runner	Steinbach, MB	7:52/K	7.6kph	156	6
54.	2169	Mckayla Wight	00:15:48.87	Runner	Steinbach, MB	7:54/K	7.6kph	157	8
55.	2091	Rylee Masterson	00:15:49.62	Runner	Steinbach, MB	7:54/K	7.6kph	160	7
56.	2122	Brooke Reimer	00:15:57.19	Runner	Landmark, MB	7:58/K	7.5kph	162	8
57.	2038	Samantha Friesen	00:15:59.80	Runner	Steinbach, MB	8:00/K	7.5kph	163	6

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58.	2068	Kaylin Klassen	00:16:02.41	Runner	Landmark, MB	8:01/K	7.5kph	164	8
59.	2013	Aliya Bergen	00:16:02.58	Runner	Steinbach, MB	8:01/K	7.5kph	165	6
60.	2087	Olivia Manke	00:16:08.20	Runner	Steinbach, MB	8:04/K	7.4kph	167	7
61.	2170	Nalany Wolf	00:16:31.93	Runner	Mitchell, MB	8:15/K	7.3kph	174	9
62.	2188	Elizabeth Fenton	00:16:38.27	Runner	Steinbach, MB	8:19/K	7.2kph	175	6
63.	2193	Nienna Dueck	00:17:11.26	Runner	MB, CAN	8:36/K	7.0kph	178	6
64.	2129	Briana Rempel	00:17:25.07	Runner	Steinbach, MB	8:42/K	6.9kph	179	9
65.	2176	Jessica Penner	00:17:35.78	Runner	Mitchell, MB	8:48/K	6.8kph	180	6
66.	2184	Nadia Peters	00:18:32.78	Runner	Mitchell, MB	9:16/K	6.5kph	181	8

Male 11 - 15

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	2071	Rese Kozak	00:10:16.49		Runner	La Broquerie, MB	5:08/K	11.7kph	16	11	
2.	2096	Vincent Munoz	00:10:53.33		Runner	Steinbach, MB	5:27/K	11.0kph	27	11	
3.	2110	Myles Peters	00:12:59.85		Runner	Randolph, MB	6:30/K	9.2kph	82	11	
4.	2167	Ian Wight	00:57:26.94		Runner	Steinbach, MB	28:43/K	2.1kph	186	11	

Female 11 - 15

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	2046	Jolaika Giesbrecht	00:12:40.15		Runner	Mitchell, MB	6:20/K	9.5kph	70	12	

Male 31 - 35

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	2035	Gerald Friesen	00:12:27.92		Runner	Mitchell, MB	6:14/K	9.6kph	67	35	
2.	2010	Mark Banman	00:13:27.58		Runner	New Bothwell, MB	6:44/K	8.9kph	101	33	

Male 36 - 40

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	2107	Bernie Peters	00:14:45.92		Runner	Mitchell, MB	7:22/K	8.1kph	133	37	
2.	2077	Philip Latta	00:15:42.84		Runner	Mitchell, MB	7:51/K	7.6kph	153	39	

Female 36 - 40

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	2047	Rachel Giesbrecht	00:11:54.86		Runner	Mitchell, MB	5:57/K	10.1kph	49	37	
2.	2175	Desiline Lavay	00:13:59.48		Runner	Steinbach, MB	7:00/K	8.6kph	117	37	
3.	2076	Jolene Latta	00:15:41.98		Runner	Steinbach, MB	7:51/K	7.7kph	151	36	
4.	2157	Jennifer Thomson	00:16:23.24		Runner	Blumenort, MB	8:12/K	7.3kph	170	36	
5.	2201	Daisy tOEWS	00:19:26.99		Runner	MB, CAN	9:43/K	6.2kph	185	40	

Female 41 - 45

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	2003	Martine Aronson	00:13:12.54		Runner	Steinbach, MB	6:36/K	9.1kph	90	46	