

LRS LOEWEN CHIROPRACTIC - 5K

Overall Male Runner

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5087	Josh Guenther	00:17:30.75		Runner	Winnipeg, MB	3:30/K	17.1kph	1	25	
2.	5037	Shannon Dueck	00:19:11.46		Runner	Rosenort, MB	3:50/K	15.6kph	2	39	
3.	5116	Weston Loewen	00:19:18.24		Runner	Blumenort, MB	3:52/K	15.5kph	3	19	

Overall Female Runner

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5147	Anita Pauls	00:23:02.53		Runner	Mitchell, MB	4:36/K	13.0kph	14	24	
2.	5201	Anna Stoesz	00:23:50.75		Runner	Steinbach, MB	4:46/K	12.6kph	21	40	
3.	5041	Abigail Duizer	00:24:14.25		Runner	Mitchell, MB	4:51/K	12.4kph	24	14	

Male 0 - 9

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5038	Charlie Duerksen	00:25:31.98		Runner	Steinbach, MB	5:06/K	11.8kph	42	8	
2.	5127	Gabriel Martens	00:31:09.59		Runner	Blumenort, MB	6:14/K	9.6kph	105	9	
3.	5272	Justin Plourde	00:31:21.24		Runner	Ste. Anne, CAN	6:16/K	9.6kph	108	8	
4.	5231	Le Sueur Van Der Byl	00:32:37.76		Runner	Steinbach, MB	6:31/K	9.2kph	119	9	
5.	5215	Jayden Toews	00:35:08.96		Runner	Mitchell, MB	7:02/K	8.5kph	156	6	

Female 0 - 9

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5237	Veronica English	00:27:10.72		Runner	Kleefeld, MB	5:26/K	11.0kph	62	0	
2.	5157	Jillian Penner	00:31:25.78		Runner	Blumenort, MB	6:17/K	9.5kph	110	9	
3.	5251	Morgan Chabat	00:31:52.49		Runner	Steinbach, MB	6:22/K	9.4kph	114	9	
4.	5123	Aurora Martens	00:33:27.43		Runner	Blumenort, MB	6:41/K	9.0kph	136	6	
5.	5217	Kira Toews	00:36:58.89		Runner	Mitchell, MB	7:24/K	8.1kph	173	9	
6.	5027	Olivia Driessen	00:51:20.08		Runner	Mitchell, MB	10:16/K	5.8kph	228	9	
7.	5103	Milliee Kehler	00:56:49.83		Runner	Steinbach, MB	11:22/K	5.3kph	242	2	

Male 10 - 14

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5216	Jovan Toews	00:20:19.88		Runner	Mitchell, MB	4:04/K	14.8kph	5	14	
2.	5274	Zander Koop	00:22:21.83		Runner	Steinbach, CAN	4:28/K	13.4kph	9	12	
3.	5064	Troy Friesen	00:22:37.02		Runner	Steinbach, MB	4:31/K	13.3kph	11	12	
4.	5016	Janick Derksen	00:22:57.76		Runner	Marchand, MB	4:35/K	13.1kph	13	14	
5.	5133	Ethan Martin	00:23:12.29		Runner	Steinbach, MB	4:38/K	12.9kph	15	12	
6.	5250	Cohen Chabat	00:23:30.63		Runner	Steinbach, MB	4:42/K	12.8kph	16	11	
7.	5130	Jayden Martens	00:24:01.41		Runner	Steinbach, MB	4:48/K	12.5kph	22	14	
8.	5211	Lucas Thompson	00:24:17.31		Runner	Blumenort, MB	4:51/K	12.4kph	27	11	
9.	5100	Bauer Kasdorf	00:24:27.54		Runner	Steinbach, MB	4:53/K	12.3kph	29	12	
10.	5008	Aaden Boulay	00:24:59.52		Runner	Steinbach, MB	5:00/K	12.0kph	33	10	
11.	5164	Andrew Perkinson	00:25:28.72		Runner	Winnipeg, BC	5:06/K	11.8kph	38	10	
12.	5125	Eric Martens	00:25:31.26		Runner	Steinbach, MB	5:06/K	11.8kph	40	12	
13.	5142	Kash Pachal	00:25:40.61		Runner	Ste-Anne, MB	5:08/K	11.7kph	44	10	
14.	5182	Nolan Reimer	00:25:42.65		Runner	Steinbach, MB	5:08/K	11.7kph	45	10	
15.	5005	Kade Berg	00:25:44.50		Runner	Steinbach, MB	5:09/K	11.7kph	48	10	

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16.	5104	Ondrej Kehler	00:26:27.42	Runner	Steinbach, MB	5:17/K	11.3kph	53	10
17.	5140	Gavin Neufeld	00:26:56.22	Runner	Mitchell, MB	5:23/K	11.1kph	56	10
18.	5139	Austin Neufeld	00:26:56.55	Runner	Mitchell, MB	5:23/K	11.1kph	57	12
19.	5146	Tyler Paulet	00:26:56.66	Runner	Steinbach, MB	5:23/K	11.1kph	58	13
20.	5194	Gavin Schledewitz	00:27:13.78	Runner	Springfield, MB	5:27/K	11.0kph	63	10
21.	5155	Jacob Penner	00:29:36.06	Runner	New Bothwell, MB	5:55/K	10.1kph	89	14
22.	5171	Trey Peters	00:30:11.56	Runner	Steinbach, MB	6:02/K	9.9kph	92	12
23.	5154	Dylan Penner	00:31:00.08	Runner	Steinbach, MB	6:12/K	9.7kph	102	14
24.	5049	Ronin Dykerman	00:33:04.23	Runner	Steinbach, MB	6:37/K	9.1kph	126	10
25.	5083	Sergio Giesbrecht	00:33:09.31	Runner	Winnipeg, MB	6:38/K	9.0kph	128	14

Female 10 - 14

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5041	Abigail Duizer	00:24:14.25		Runner	Mitchell, MB	4:51/K	12.4kph	24	14	
2.	5220	Reese Tufford	00:26:39.10		Runner	Steinbach, MB	5:20/K	11.3kph	55	12	
3.	5006	Renae Berg	00:28:50.83		Runner	Steinbach, MB	5:46/K	10.4kph	76	12	
4.	5191	Emma Rogalsky	00:28:59.69		Runner	Steinbach, MB	5:48/K	10.4kph	81	12	
5.	5183	Olivia Reimer	00:30:45.94		Runner	Steinbach, MB	6:09/K	9.8kph	99	14	
6.	5010	Riley Brandt	00:31:39.12		Runner	Steinbach, MB	6:20/K	9.5kph	111	14	
7.	5119	Gracie Mantie	00:35:50.35		Runner	STEINBACH, MB	7:10/K	8.4kph	161	11	
8.	5242	Abigail Fehr	00:36:57.56		Runner	Mitchell, MB	7:23/K	8.1kph	170	14	
9.	5218	Alex Traverse	00:41:45.93		Runner	Steinbach, MB	8:21/K	7.2kph	187	11	
10.	5263	Jillian Lage	00:42:24.28		Runner	Steinbach, MB	8:29/K	7.1kph	191	10	
11.	5261	Kaitlyn Lage	00:42:24.47		Runner	Steinbach, MB	8:29/K	7.1kph	192	11	
12.	5260	Rhiannon Farrell	00:44:32.22		Runner	Steinbach, MB	8:54/K	6.7kph	198	12	
13.	5024	Emma Driessen	00:50:48.32		Runner	Mitchell, MB	10:10/K	5.9kph	225	12	

Male 15 - 19

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5116	Weston Loewen	00:19:18.24		Runner	Blumenort, MB	3:52/K	15.5kph	3	19	
2.	5011	Matt Broesky	00:25:46.11		Runner	Steinbach, MB	5:09/K	11.6kph	49	17	
3.	5254	Mac Klassen	00:33:03.25		Runner	Blumenort, MB	6:37/K	9.1kph	125	19	

Female 15 - 19

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5206	Kaitlyn Thiessen	00:33:15.49		Runner	Steinbach, MB	6:39/K	9.0kph	131	18	
2.	5025	Izzy Driessen	00:42:14.76		Runner	Mitchell, MB	8:27/K	7.1kph	189	15	

Male 20 - 24

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5086	Taylor Gresiuik	00:22:22.32		Runner	STEINBACH, MB	4:28/K	13.4kph	10	20	
2.	5188	Braeden Richard	00:22:52.80		Runner	Landmark, MB	4:34/K	13.1kph	12	20	
3.	5012	Taylor Buhler	00:23:38.69		Runner	STEINBACH, MB	4:44/K	12.7kph	20	22	
4.	5173	Kelsey Plett	00:24:18.98		Runner	Steinbach, MB	4:52/K	12.3kph	28	21	
5.	5236	Jonathan Wichers	00:27:45.54		Runner	Anola, MB	5:33/K	10.8kph	67	21	
6.	5203	Coleton Swaikoski	00:34:38.13		Runner	Steinbach, MB	6:56/K	8.7kph	152	24	

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Female 20 - 24

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5147	Anita Pauls	00:23:02.53		Runner	Mitchell, MB	4:36/K	13.0kph	14	24	
2.	5050	Kerstin Enns	00:27:36.07		Runner	Steinbach, MB	5:31/K	10.9kph	66	20	
3.	5198	Miriam Schroeder	00:29:59.03		Runner	Steinbach, MB	6:00/K	10.0kph	91	24	
4.	5170	Olivia Peters	00:30:29.30		Runner	Mitchell, MB	6:06/K	9.8kph	93	23	
5.	5228	Brittney Van Der Breggen	00:30:47.86		Runner	Steinbach, MB	6:09/K	9.7kph	101	23	
6.	5065	Jaelyn Froese	00:31:02.33		Runner	Steinbach, MB	6:12/K	9.7kph	104	24	
7.	5061	Michelle Friesen	00:33:52.71		Runner	Steinbach, MB	6:46/K	8.9kph	145	24	
8.	5259	Kelsey Martens	00:35:50.46		Runner	Mitchell, MB	7:10/K	8.4kph	162	24	
9.	5166	Alyssa Peters	00:40:32.62		Runner	Steinbach, MB	8:06/K	7.4kph	180	20	
10.	5209	Colette Thiessn	00:40:58.21		Runner	Steinbach, MB	8:12/K	7.3kph	183	21	
11.	5245	Judi Thiessen	00:40:59.09		Runner	Blumenort, MB	8:12/K	7.3kph	184	22	
12.	5138	Jenna Michaluk	00:42:58.50		Runner	Blumenort, MB	8:36/K	7.0kph	195	20	
13.	5070	Madelaine Funk	00:47:12.06		Runner	Steinbach, MB	9:26/K	6.4kph	206	24	
14.	5055	Danae Fender	00:48:16.55		Runner	Steinbach, MB	9:39/K	6.2kph	217	20	
15.	5247	Jordanna Krentz	00:48:16.94		Runner	Morris, MB	9:39/K	6.2kph	218	21	

Male 25 - 29

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5087	Josh Guenther	00:17:30.75		Runner	Winnipeg, MB	3:30/K	17.1kph	1	25	
2.	5120	Bryce Marmus	00:23:37.95		Runner	Steinbach, MB	4:43/K	12.7kph	19	27	
3.	5044	Johnny Dyck	00:24:31.81		Runner	Steinbach, MB	4:54/K	12.2kph	31	29	
4.	5072	Matthew Funk	00:28:13.16		Runner	Steinbach, MB	5:39/K	10.6kph	72	26	
5.	5227	Brahm Van Der Breggen	00:30:41.58		Runner	La Broquerie, MB	6:08/K	9.8kph	97	27	
6.	5229	Tom Van Der Breggen	00:30:47.78		Runner	Steinbach, MB	6:09/K	9.7kph	100	25	
7.	5096	Mark Jaques	00:33:20.49		Runner	Winkler, MB	6:40/K	9kph	135	27	

Female 25 - 29

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5176	Shane Recksiedler	00:25:12.80		Runner	Steinbach, MB	5:02/K	11.9kph	34	28	
2.	5160	Rachel Penner	00:28:06.93		Runner	Winnipeg, MB	5:37/K	10.7kph	70	25	
3.	5121	Alicia Martens	00:28:50.37		Runner	Blumenort, MB	5:46/K	10.4kph	75	28	
4.	5128	Helen Martens	00:30:35.92		Runner	Grunthal, MB	6:07/K	9.8kph	94	29	
5.	5066	Stephanie Froese	00:31:02.10		Runner	Steinbach, MB	6:12/K	9.7kph	103	27	
6.	5118	Steph Macintosh	00:31:13.34		Runner	Steinbach, MB	6:15/K	9.6kph	106	29	
7.	5143	Cassandra Paches	00:32:51.81		Runner	Winnipeg, MB	6:34/K	9.1kph	123	28	
8.	5058	Stephanie Fournier	00:33:09.62		Runner	Steinbach, MB	6:38/K	9.0kph	129	28	
9.	5151	Carly Penner	00:33:18.53		Runner	Winnipeg, MB	6:40/K	9.0kph	133	27	
10.	5197	Meagan Schroeder	00:33:47.95		Runner	Steinbach, MB	6:45/K	8.9kph	142	26	
11.	5015	Lisa Christiuk	00:34:38.58		Runner	Steinbach, MB	6:56/K	8.7kph	153	28	
12.	5226	Tanya Urrutia	00:35:46.98		Runner	Steinbach, MB	7:09/K	8.4kph	160	27	
13.	5094	Kayla Holodryga	00:38:55.18		Runner	Tolstoi, MB	7:47/K	7.7kph	177	27	
14.	5163	Sylvia Penner	00:41:46.68		Runner	Steinbach, MB	8:21/K	7.2kph	188	29	
15.	5101	Kendall Kashuba	00:46:17.78		Runner	Steinbach, MB	9:15/K	6.5kph	203	29	

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16.	5013	Kylie Burton	00:48:14.60	Runner	Steinbach	9:39/K	6.2kph	214	27
17.	5202	Lindsay Stoesz	00:52:14.97	Runner	Steinbach, MB	10:27/K	5.7kph	230	29
18.	5221	Amy Unger	00:55:50.23	Runner	Winnipeg, MB	11:10/K	5.4kph	240	29

Male 30 - 34

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5052	Andrew Fast	00:22:01.16		Runner	Steinbach, MB	4:24/K	13.6kph	8	34	
2.	5275	Sidney Reimer	00:23:31.20		Runner	Steinbach, CAN	4:42/K	12.8kph	17	32	
3.	5265	Colin Enns	00:24:59.17		Runner	Steinbach, MB	5:00/K	12.0kph	32	31	
4.	5240	Jorge Yegros	00:25:44.44		Runner	Mitchell, MB	5:09/K	11.7kph	47	34	
5.	5271	Warren Holness	00:27:02.03		Runner	LaBroquerie, CAN	5:24/K	11.1kph	60	33	
6.	5047	Jeff Dykerman	00:33:04.48		Runner	Steinbach, MB	6:37/K	9.1kph	127	32	
7.	5124	Dale Martens	00:33:33.04		Runner	Blumenort, MB	6:43/K	8.9kph	137	30	
8.	5270	Jordan Vogt	00:36:02.23		Runner	Steinbach, CAN	7:12/K	8.3kph	166	32	
9.	5158	Joel Penner	00:46:16.51		Runner	Steinbach, MB	9:15/K	6.5kph	202	31	
10.	5032	Jared Dueck	00:50:10.02		Runner	Rosenort, MB	10:02/K	6.0kph	223	30	

Female 30 - 34

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5111	Casey Lemoine	00:25:44.05		Runner	Steinbach, MB	5:09/K	11.7kph	46	33	
2.	5253	Amanda Peters	00:26:30.07		Runner	Mitchell, MB	5:18/K	11.3kph	54	34	
3.	5264	Cara Duerksen	00:27:03.95		Runner	Steinbach, MB	5:25/K	11.1kph	61	34	
4.	5208	Stacy Thiessen	00:27:18.06		Runner	Blumenort, MB	5:28/K	11.0kph	65	33	
5.	5161	Rachel Penner	00:27:47.28		Runner	Lorette, MB	5:33/K	10.8kph	68	32	
6.	5109	Chantal Larocque	00:29:16.04		Runner	Winnipeg, MB	5:51/K	10.3kph	88	30	
7.	5129	Hilda Martens	00:30:36.26		Runner	Grunthal, MB	6:07/K	9.8kph	95	30	
8.	5235	Shauna Warkentin	00:33:41.87		Runner	Steinbach, MB	6:44/K	8.9kph	140	34	
9.	5019	Anna Doerksen	00:37:06.35		Runner	Grunthal, MB	7:25/K	8.1kph	174	33	
10.	5239	Lorraine Wiens	00:37:06.68		Runner	Grunthal, MB	7:25/K	8.1kph	175	33	
11.	5137	Sara Meyers	00:38:55.00		Runner	Steinbach, MB	7:47/K	7.7kph	176	32	
12.	5022	Tiffany Doyle	00:46:37.29		Runner	Mitchell, MB	9:19/K	6.4kph	204	32	
13.	5051	Kristen Falk	00:49:51.67		Runner	Steinbach, MB	9:58/K	6.0kph	220	31	
14.	5033	Jillayne Dueck	00:50:09.23		Runner	Rosenort, MB	10:02/K	6.0kph	222	31	
15.	5098	Theadora Juenke	00:52:15.19		Runner	Steinbach, MB	10:27/K	5.7kph	231	31	

Male 35 - 39

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5037	Shannon Dueck	00:19:11.46		Runner	Rosenort, MB	3:50/K	15.6kph	2	39	
2.	5039	Kris Duerksen	00:19:22.21		Runner	Steinbach, MB	3:52/K	15.5kph	4	38	
3.	5244	Michael Braun	00:21:57.34		Runner	Grunthal, MB	4:23/K	13.7kph	7	38	
4.	5007	Chris Bewernick	00:23:32.32		Runner	Steinbach, MB	4:42/K	12.7kph	18	39	
5.	5184	Paul Reimer	00:25:54.75		Runner	Steinbach, MB	5:11/K	11.6kph	51	37	
6.	5241	Eric Loewen	00:31:23.33		Runner	Steinbach, MB	6:17/K	9.6kph	109	36	
7.	5267	Nick Penner	00:32:50.69		Runner	Steinbach	6:34/K	9.1kph	121	37	

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Female 35 - 39

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5040	Ladawn Duerksen	00:25:31.46		Runner	Steinbach, MB	5:06/K	11.8kph	41	38	
2.	5243	Daina Funk	00:27:16.12		Runner	Steinbach, MB	5:27/K	11.0kph	64	38	
3.	5136	Laura Masterson	00:27:52.98		Runner	Steinbach, MB	5:34/K	10.8kph	69	35	
4.	5097	Nicole Johnson	00:29:15.15		Runner	Mitchell, MB	5:51/K	10.3kph	86	35	
5.	5023	Jacqueline Driedger	00:31:18.32		Runner	Mitchell, MB	6:16/K	9.6kph	107	35	
6.	5174	Christine Plourde	00:32:08.51		Runner	Ste-Anne, MB	6:26/K	9.3kph	116	37	
7.	5204	Annette Tetrault	00:32:58.97		Runner	La Broquerie, MB	6:36/K	9.1kph	124	35	
8.	5200	JANELLE SMITH	00:33:20.35		Runner	Steinbach, MB	6:40/K	9kph	134	36	
9.	5131	Verna Martens	00:33:52.60		Runner	STEINBACH, MB	6:46/K	8.9kph	144	39	
10.	5132	Angela Martin	00:34:07.11		Runner	Steinbach, MB	6:49/K	8.8kph	148	39	
11.	5059	Becky Friesen	00:36:01.84		Runner	Rosenort, MB	7:12/K	8.3kph	164	39	
12.	5214	Haidy Toews	00:36:58.60		Runner	Mitchell, MB	7:24/K	8.1kph	172	37	
13.	5199	Danielle Serceau	00:42:52.82		Runner	Ste. Anne, MB	8:34/K	7.0kph	194	37	
14.	5001	Amanda Alguire	00:42:59.03		Runner	La Broquerie, MB	8:36/K	7.0kph	196	39	
15.	5256	Jo-Anne Dalton	00:43:42.63		Runner	Steinbach, MB	8:44/K	6.9kph	197	35	
16.	5159	Nettie Penner	00:48:19.29		Runner	Steinbach, MB	9:40/K	6.2kph	219	36	
17.	5028	Stella Driessen	00:51:20.21		Runner	Mitchell, MB	10:16/K	5.8kph	229	36	
18.	5255	Brigitte Dhaene	00:53:43.96		Runner	La Broqueie, MB	10:45/K	5.6kph	235	35	
19.	5168	Karlee Peters	00:54:02.02		Runner	Randolph, MB	10:48/K	5.6kph	237	37	

Male 40 - 44

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5196	Chris Schroeder	00:20:54.67		Runner	Steinbach, MB	4:11/K	14.4kph	6	41	
2.	5258	Colin Darling	00:24:12.17		Runner	Steinbach, MB	4:50/K	12.4kph	23	41	
3.	5134	Lee Martin	00:24:16.40		Runner	Steinbach, MB	4:51/K	12.4kph	26	40	
4.	5165	Bob Perkinson	00:25:28.81		Runner	Steinbach, MB	5:06/K	11.8kph	39	43	
5.	5108	Luc Lahaie	00:25:54.27		Runner	St. Pierre-Jolys, MB	5:11/K	11.6kph	50	43	
6.	5135	Shaun Martin	00:28:11.65		Runner	Steinbach, MB	5:38/K	10.6kph	71	42	
7.	5207	Scott Thiessen	00:28:18.83		Runner	Blumenort, MB	5:40/K	10.6kph	73	41	
8.	5079	James Giesbrecht	00:28:27.16		Runner	Winnipeg, MB	5:41/K	10.5kph	74	43	
9.	5126	Everley Martens	00:29:03.39		Runner	Mitchell, MB	5:49/K	10.3kph	82	40	
10.	5224	Wes Unrau	00:29:06.45		Runner	Steinbach, MB	5:49/K	10.3kph	84	41	
11.	5162	Russ Penner	00:31:50.13		Runner	New Bothwell, MB	6:22/K	9.4kph	112	43	
12.	5266	Joel Berard	00:32:50.83		Runner	Steinbach	6:34/K	9.1kph	122	42	
13.	5213	Ernest Toews	00:35:08.41		Runner	Mitchell, MB	7:02/K	8.5kph	155	42	
14.	5088	Dean Hebert	00:35:39.08		Runner	Lorette, MB	7:08/K	8.4kph	159	42	
15.	5093	Jason Hinthier	00:36:41.04		Runner	Winnipeg, MB	7:20/K	8.2kph	169	40	

Female 40 - 44

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5201	Anna Stoesz	00:23:50.75		Runner	Steinbach, MB	4:46/K	12.6kph	21	40	
2.	5181	Myra Reimer	00:24:31.62		Runner	Blumenort, MB	4:54/K	12.2kph	30	44	
3.	5144	Leslie Paulet	00:26:59.51		Runner	Steinbach, MB	5:24/K	11.1kph	59	43	
4.	5090	Mandy Hiebert	00:29:05.60		Runner	Steinbach, MB	5:49/K	10.3kph	83	43	

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5.	5091	Shannon Hildebrand	00:29:15.53	Runner	Labroquerie West, MB	5:51/K	10.3kph	87	41
6.	5167	Carol Peters	00:31:52.98	Runner	Steinbach, MB	6:22/K	9.4kph	115	43
7.	5153	Dorothy Penner	00:32:14.35	Runner	New Bothwell, MB	6:27/K	9.3kph	117	43
8.	5189	Jennifer Richard	00:33:16.24	Runner	Landmark, MB	6:39/K	9.0kph	132	43
9.	5230	Gwynneth Van Der Byl	00:33:38.65	Runner	Steinbach, MB	6:44/K	8.9kph	139	42
10.	5225	-Stella -Unrau	00:34:05.33	Runner	STEINBACH, MB	6:49/K	8.8kph	147	41
11.	5009	Coralie Brandt	00:34:28.68	Runner	Steinbach, MB	6:54/K	8.7kph	150	40
12.	5080	Klara Giesbrecht	00:36:58.28	Runner	Winnipeg, MB	7:24/K	8.1kph	171	41
13.	5156	Jennifer Penner	00:49:52.05	Runner	Blumenort, MB	9:58/K	6.0kph	221	40
14.	5122	Andrea Martens	00:52:55.42	Runner	Steinbach, MB	10:35/K	5.7kph	232	43
15.	5190	Marcia Rickey	00:55:50.17	Runner	Mitchell, MB	11:10/K	5.4kph	239	43
16.	5085	April Glauser	01:12:28.30	Runner	Steinbach, MB	14:30/K	4.1kph	243	41

Male 45 - 49

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5042	Glen Duizer	00:24:14.49		Runner	Mitchell, MB	4:51/K	12.4kph	25	48	
2.	5180	Gerald Reimer	00:25:25.16		Runner	Steinbach, MB	5:05/K	11.8kph	37	49	
3.	5192	Jamie Rogalsky	00:28:59.46		Runner	Steinbach, MB	5:48/K	10.4kph	80	47	
4.	5054	Ferdinand Fehr	00:35:16.63		Runner	Mitchell, MB	7:03/K	8.5kph	157	48	
5.	5084	Wilfried Giesbrecht	00:35:16.96		Runner	Gonor, MB	7:03/K	8.5kph	158	47	
6.	5026	Mark Driessen	00:42:16.24		Runner	Mitchell, MB	8:27/K	7.1kph	190	49	

Female 45 - 49

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5117	Joy Lorette	00:28:56.00		Runner	Mitchell, MB	5:47/K	10.4kph	77	49	
2.	5045	Marlo Dyck	00:28:56.82		Runner	Grunthal, MB	5:47/K	10.4kph	78	48	
3.	5210	Jennifer Thompson	00:29:13.86		Runner	Blumenort, MB	5:51/K	10.3kph	85	45	
4.	5017	Andrea Dick	00:29:44.38		Runner	Steinbach, MB	5:57/K	10.1kph	90	45	
5.	5175	Jennifer Rea	00:30:39.77		Runner	La Broquerie West, MB	6:08/K	9.8kph	96	49	
6.	5053	Betty Fehr	00:30:43.51		Runner	Mitchell, MB	6:09/K	9.8kph	98	47	
7.	5112	Andrea Lepp	00:31:50.77		Runner	Steinbach, MB	6:22/K	9.4kph	113	48	
8.	5014	Cheryl Chernos	00:32:37.76		Runner	Steinbach, MB	6:31/K	9.2kph	120	47	
9.	5077	Debby Giesbrecht	00:33:13.16		Runner	Gonor, MB	6:39/K	9.0kph	130	45	
10.	5248	Adele Rekiel	00:35:03.19		Runner	Steinbach, MB	7:01/K	8.6kph	154	48	
11.	5020	Pauline Doerksen	00:35:54.76		Runner	New Bothwell, MB	7:11/K	8.4kph	163	49	
12.	5262	Penner Lage	00:44:32.40		Runner	Steinbach, MB	8:54/K	6.7kph	199	49	
13.	5092	Daniela Hildebrandt	00:53:06.69		Runner	Steinbach, MB	10:37/K	5.6kph	234	48	
14.	5030	Ev Dueck	00:56:49.61		Runner	Abbotsford, BC	11:22/K	5.3kph	241	48	

Male 50 - 54

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5195	Lawrence Schledewitz	00:25:13.76		Runner	Springfield, MB	5:03/K	11.9kph	35	50	
2.	5232	Leon Van Der Byl	00:33:38.54		Runner	Steinbach, MB	6:44/K	8.9kph	138	50	
3.	5068	Ferdinand Funk	00:34:01.25		Runner	Winnipeg, MB	6:48/K	8.8kph	146	53	

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Female 50 - 54

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5246	Carmelle Recksiedler	00:39:42.84		Runner	Steinbach, MB	7:56/K	7.6kph	178	51	
2.	5102	Peggy Kaufman	00:40:02.51		Runner	Steinbach, MB	8:00/K	7.5kph	179	53	
3.	5069	Hedi Funk	00:40:36.71		Runner	Winnipeg, MB	8:07/K	7.4kph	182	54	
4.	5110	Darlene Larocque	00:41:29.95		Runner	Richer, MB	8:18/K	7.2kph	186	54	
5.	5172	Lori Petrilli	00:42:38.48		Runner	Springfield MB, MB	8:32/K	7.0kph	193	51	
6.	5186	Sandy Reimer	00:46:55.73		Runner	Steinbach, MB	9:23/K	6.4kph	205	51	
7.	5107	Mavis Krentz	00:48:14.47		Runner	Steinbach, MB	9:39/K	6.2kph	213	53	
8.	5056	Lynelle Fender	00:48:16.36		Runner	Steinbach, MB	9:39/K	6.2kph	216	53	

Male 55 - 59

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5082	Roger Giesbrecht	00:25:40.10		Runner	Steinbach, MB	5:08/K	11.7kph	43	57	
2.	5089	Bill Hiebert	00:26:06.73		Runner	Steinbach, MB	5:13/K	11.5kph	52	59	
3.	5067	Vic Froese	00:32:29.05		Runner	Steinbach, MB	6:30/K	9.2kph	118	58	
4.	5046	Tim Dyck	00:36:14.29		Runner	Steinbach, MB	7:15/K	8.3kph	168	58	
5.	5252	Bruce Penner	00:47:41.75		Runner	Steinbach, MB	9:32/K	6.3kph	209	55	

Female 55 - 59

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5029	Bev Dueck	00:28:57.48		Runner	Steinbach, MB	5:47/K	10.4kph	79	55	
2.	5169	Lori Peters	00:34:17.06		Runner	Steinbach, MB	6:51/K	8.8kph	149	55	
3.	5222	Bev Unger	00:45:15.56		Runner	Steinbach, MB	9:03/K	6.6kph	200	55	
4.	5105	Shannon Kehler	00:48:15.80		Runner	Steinbach, MB	9:39/K	6.2kph	215	55	
5.	5141	Joan Nickel	00:52:55.87		Runner	Steinbach, MB	10:35/K	5.7kph	233	59	

Male 60 - 64

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5057	Randy Fender	00:25:17.10		Runner	Steinbach, MB	5:03/K	11.9kph	36	60	

Female 60 - 64

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5205	Agnes Thiessen	00:45:15.68		Runner	Steinbach, MB	9:03/K	6.6kph	201	64	
2.	5071	Mariann Funk	00:47:23.44		Runner	Steinbach, MB	9:29/K	6.3kph	208	62	
3.	5268	Valrea Peters	00:54:01.45		Runner	Steinbach, CAN	10:48/K	5.6kph	236	61	
4.	5269	Shirley Fox	00:54:02.68		Runner	New Westminster, CAN	10:48/K	5.6kph	238	63	

Male 65 - 69

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5115	Kel Loewen	00:33:44.97		Runner	Steinbach, MB	6:45/K	8.9kph	141	66	
2.	5073	Roy Funk	00:47:23.25		Runner	Steinbach, MB	9:29/K	6.3kph	207	65	

Female 65 - 69

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5233	Violet Vogt	00:36:02.50		Runner	Steinbach, MB	7:12/K	8.3kph	167	65	
2.	5074	Sophia Funk	00:41:29.77		Runner	Richer, MB	8:18/K	7.2kph	185	67	

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3.	5034	Margaret Dueck	00:50:10.45		Runner	Rosenort, MB	10:02/K	6.0kph	224	69
4.	5043	Helen Dyck	00:50:48.83		Runner	Grunthal, MB	10:10/K	5.9kph	226	68

Female 70 - 74

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5004	Agnes Bartel	00:50:49.30		Runner	Grunthal, MB	10:10/K	5.9kph	227	73	

Male 75 - 79

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5276	Thanh Trinh	00:47:54.41		Runner	Steinbach, CAN	9:35/K	6.3kph	211	77	

Female 75 - 79

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5149	Anna Penner	00:47:41.88		Runner	Steinbach, MB	9:32/K	6.3kph	210	79	

Male 80 - 84

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5212	Elbert Toews	00:40:35.03		Runner	Steinbach, MB	8:07/K	7.4kph	181	81	

Youth Top 3 Male

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5216	Jovan Toews	00:20:19.88		Runner	Mitchell, MB	4:04/K	14.8kph	5	14	
2.	5274	Zander Koop	00:22:21.83		Runner	Steinbach, CAN	4:28/K	13.4kph	9	12	
3.	5064	Troy Friesen	00:22:37.02		Runner	Steinbach, MB	4:31/K	13.3kph	11	12	

Youth Top 3 Female

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5216	Jovan Toews	00:20:19.88		Runner	Mitchell, MB	4:04/K	14.8kph	5	14	
2.	5274	Zander Koop	00:22:21.83		Runner	Steinbach, CAN	4:28/K	13.4kph	9	12	
3.	5064	Troy Friesen	00:22:37.02		Runner	Steinbach, MB	4:31/K	13.3kph	11	12	